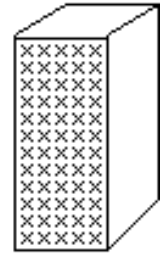


ANSSRDT NEWSLETTER



SEPTEMBER 2017

DATE OF OUR NEXT MEETING: September 23, 2017

LOCATION: E. H. Horne School in Enfield. Off Highway 102 take exit 7 going towards the Irving Big Stop on old Route 2. The school is a large brick building on the left opposite the cemetery.

SCHEDULE:

- 9:00 – 9:30 Meet, greet, and setup, Second-Hand Record Box time
- 9:45 – 10:00 Mixers and Lines for party, class, and club
- 10:00 – 11:00 Using Flexible Singing Call Figures
- 11:00 – 12:00 ANSSRDT Meeting
- 12:00 – 12:45 Bag Lunch
- 12:45 – 3:00 Follow-up of Alguire Caller School topics as appropriate:
 - Patter to help Singing Call Success
 - Choreographic Management, Modules, Sight Calling
 - Teaching and Creating Workshops

Flexible Singing Call Figures for Basic Part 1

[may omit choreo in square brackets]

Heads Lead Right and Veer Left, <u>Ladies Chain Down the Line</u> , Ladies Chain Across, [Forward and Back], <u>Star Thru</u> and Pass Thru, Swing and Promenade	Heads Lead Right and Veer Left, <u>Ladies Chain Down the Line</u> , Each Four Circle Left One-Quarter, [Dosado], Pass Thru, Swing and Promenade
Heads <u>Square Thru Four</u> , Make a <u>Right-Hand Star</u> , Heads <u>Star Left in the middle</u> , Right and Left Thru and Half Sashay, Swing and Promenade	Heads <u>Square Thru Four</u> , Make a <u>Right-Hand Star</u> , Heads <u>Star Left in the middle</u> , Swing and Promenade
Heads Lead Right, <u>Circle to a Line</u> , - - - - , Forward and Back, Right and Left Thru, - - - - , Ladies Chain, - - - - , Ladies Chain Back, - - - - , Star Thru - - , Pass Thru, Swing and Promenade	Heads Lead Right, <u>Circle to a Line</u> , - - - - , Forward and Back, Right and Left Thru, - - - - , Star Thru - - , Pass Thru, Swing and Promenade

These are in pairs with the longer version on the left and the shorter version on the right. Additional options for omitting calls are shown in square brackets.

Flexible Singing Call Figures for Basic Part 2

Heads <u>Pass the Ocean</u> , - - Extend, Swing Thru - -, - - Boys Run, - - Couples Circulate, - - - -, Chain Down the Line, - - - -, [Forward and Back], Square Thru 3, - - - -, Swing and Promenade	Heads <u>Pass the Ocean</u> , - - Extend, Swing Thru - -, - - Boys Run, - - Couples Circulate, - - - -, Chain Down the Line, - - - -, Into a Promenade
Heads Square Thru Four - - - -, - - - -, [Dosado to a Wave], - - - -, Swing Thru - -, - - Boys Run, - - <u>Ferris Wheel</u> , - - - -, Centers Pass Thru - -, Swing & Promenade	Heads Square Thru Four, - - - -, - - - -, [Swing Thru - -, - - Boys Trade,] Swing and Promenade

Flexible Singing Call Figures for Mainstream

Heads Square Thru Four, - - - -, Touch a Quarter, - - <u>Scoot Back</u> (Boys go in) - -, <u>Scoot Back</u> (Girls in) - - Girls Run, - - Box the Gnat Pass Thru, Corner Swing, Promenade	Heads Square Thru Four, - - - -, Touch a Quarter, - - Scoot Back (Boys go in) - -, [Scoot Back (Girls in)] - - Corner Swing and Promenade
Heads Square Thru Four, - - - -, - - - -, Swing Thru - -, - <u>Spin the Top</u> , - - - -, Right and Left Thru, - - - -, Square Thru Three, - - - -, Swing, Promenade	Heads Square Thru Four, - - - -, - - - -, Swing Thru - -, - <u>Spin the Top</u> , - - - -, <u>Slide Thru</u> (or Pass Thru), Swing, Promenade
Heads Pass Thru and <u>Cloverleaf</u> , All Double Pass Thru, - - <u>Cloverleaf</u> , - - - -, Centers Pass Thru (Corner Box), [<u>Slide Thru</u> - -, Right and Left Thru, - - - -, Pass Thru], Swing and Promenade	Heads Pass Thru and <u>Cloverleaf</u> , All Double Pass Thru, - - - -, Leaders Partner Trade, (Corner Box), Swing and Promenade
Heads Touch 1/4, <u>Walk and Dodge</u> , All Touch 1/4, <u>Walk and Dodge</u> , Partner Trade, Forward and Back, Right and Left Thru, - - - -, Star Thru - -, Pass Thru - -, Corner Swing and Promenade	Heads Touch 1/4, <u>Walk and Dodge</u> , All Touch 1/4, <u>Walk and Dodge</u> , Partner Trade (Partner Lines), Forward and Back, Circle Left, - - - -, Corner Swing and Promenade

All American Promenade

Choreographer: The choreography for the first 16 beats is a common action found in several mixers. The last 16 beats are very close to a Belgian folk dance called "The Blacksmith". The version described below is listed on the internet as choreographed by Jim Arkness. Both "The Blacksmith" and the "All American Promenade" can easily be found on YouTube.

Formation: Couples facing counter-clockwise around the hall, lady on the man's right, with both hands joined at waist height in Promenade handhold (shake rights and join lefts under); opposite footwork for the man and the lady.

Music: Something lively such as "Turkey in the Straw"

Type: 32 count Partner Mixer

Prompts:

- - - -, - - **Walk forward 4,**
- - **Turn backup 4, - - Walk forward 4,**
- - **Turn backup 3, - - Balance Together,**
- **Apart, Roll her Across, - - Balance Together,**
- **Apart, Girls Twirl Back, - - (Walk Forward 4)**

Description:

- 1-8 Starting with outside feet (gent's left and lady's right) and both hands joined in Promenade handhold (join right to right and then join lefts under), couples walk forward counter-clockwise around the hall three steps. Dancers turn towards their partner on the 4th step to face clockwise. The lady is now on the left side of the gent. Couples back up four steps continuing to move counter-clockwise around the hall.
- 9-16 Couples reverse their direction of travel and walk clockwise around the hall three steps. Dancers turn towards their partner on the 4th step to face counter-clockwise. Couples back up three steps clockwise around the hall ending with weight on the outside foot and touching with the inside foot on the 16th count. During the last three steps couples change their handhold to join adjacent hands (the gent's right with the lady's left).
- 17-20 Still facing counter-clockwise couples step (or jump) together and touch with the outside foot next to the inside foot in 2 counts. Then dancers step apart on the outside feet and touch the inside foot beside the outside foot in 2 counts.
- 21-24 The lady rolls across in front of the gent to the inside by doing a full turn to her left in three steps while the gent does a 3-step vine to his right. Both are still facing counter-clockwise.
- 25-28 Dancers join adjacent hands (gent's left and lady's right) and repeat counts 17-20.
- 29-32 Dancers raise their adjacent hands and the lady twirls to her right under them and releases the handhold. The lady continues her twirl moving back to the outside of the next gent. The gent moves forward to join Promenade handhold with the lady who was ahead. All dancers take four steps during this twirl to end with their outside feet free ready to begin again.

The Schottische – John Essex Foursome

Taught by Beth Dickinson at MCCA June Workshop 2017 (She learned it from John Essex)

Music: A Schottische or a polka or Cotton-Eyed Joe

Formation: Tandem Couples facing line of dance in a big circle with outside hands joined.

Footwork same for all and beginning with left foot

Prompts:

- - - -, Left Heel and Across,

- 1, 2, 3, Right Heel and Across,

- 1, 2, 3, - - Repeat,

- - - -, - - - -,

- - - -, - Four Two-Steps;

- - - -, - - - -,

- - - -, - - Leaders back,

- - - -, - - - -,

Description:

1-8 Left Heel and Toe across then step diagonally forward and to the left 1, 2, 3;

9-16 Right Heel and Toe across then step diagonally forward and to the right 1, 2, 3;

17-32 Repeat A1

33-48 Starting with left foot, dance four two-steps forward; (Step, together, step, - ; 4 times)

49-64 During the next four two-steps, the lead couple release their center hand-hold, and turn out and around behind the trailing couple, then reconnect the box of four.

Ten O'Clock Mixer

Choreographer: Allan Brozek from Connecticut

Formation: Big Circle of Couples all facing the center with Ladies on the right

Music: Something with clear 8 beat phrasing and a Heel, Toe bouncy feel.

- - - -, Forward and Back,

- - - -, Forward and Back,

- - Face Partner, Heel and Toe,

- - - -, Heel and Toe again,

- - - -, Ladies Out and March (two concentric circles moving in opposite directions),

- - - -, - - Return,

- - - -, - - Turn Partner Left Full Around,

- - - -, - - Swing the Next and face in (or Pass Thru and face in; or Star Thru).

Description:

Heel and Toe: Using the foot towards to center of the circle (Gent's left and Lady's Right) touch the heel to the floor, then the toe, then step to the side, close with the other foot beside the first foot, step to the side again. Repeat with the other foot going the other way.

The ANSSRDT NEWSLETTER is usually published twice a year by the Association of Nova Scotia Square & Round Dance Teachers. The opinions expressed are those of the authors and not necessarily those of the Association. Your comments and articles are encouraged. Please forward to editor: Dottie and Gary Welch, 415 Conrad Road, Lawrencetown, NS, B2Z 1S3, dwelch@eastlink.ca, 902-435-4544