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A N S S R D T

N E W S L E T T E R

APRIL 1995

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NEXT MEETING

APRIL 23, 1995 at ROCKINGHAM COMMUNITY CENTRE
 199 BEDFORD HIGHWAY, HALIFAX, NOVA SCOTIA

Directions: This building is also called BASIN VIEW COMMUNITY CENTRE.
 It is on the harbour side of the Bedford Highway just north of the
 Rockingham Train Station. It is opposite Dunkin Donuts.

9 - 11:30 SUNDAY MORNING: SEPARATE WORKSHOPS FOR CALLERS AND CUERS

WORKSHOP FOR CALLERS:

ONE NIGHT STANDS presented by Judy Caborn Skaling
 THE MECHANICS OF SIGHT RESOLUTION
 Basic concepts for the beginner.
 Slick resolutions for the experienced.

WORKSHOP FOR CUERS:

! YOU ASKED FOR IT !
 Bring your questions on Round Dance problems related to:
 Teaching a rhythm or figure
 Cue sheet interpretation
 Coping with different abilities in a group
 Cueing
 How to execute a particular dance figure
 If you don't have any problems come help others with theirs.
 What would you like to see in future ANSSRD T sessions?

12:30 - 1:30 LUNCH:

Lunch will be provided by the local cooks. Those able to assist
 please contact Valerie Pinks (823-2230) to arrange details.

1:30 - 4 SUNDAY AFTERNOON:

ANSSRD T MEETING including election of officers and a report
 on the recent CALLERLAB meeting.

SINGING FIGURES from recent records

Heads Square Thru Four
 Make a Right Hand Star
 Head Men lead Reverse Flutter and
 Sweep 1/4, Sides Square Thru 4,
 Swing, Promenade

Four Ladies Chain
 Heads Right and Left Thru & Roll-
 away, Circle Left - - , - - - -
 Ladies Pass Thru, Turn Left go
 Single file, Men Pass Thru
 Swing corner, Promenade

SINGING FIGURES -- Nelson

BASIC

Heads Promenade Half,
Square Thru Four
Dosado, Swing Thru
Men Run, Couples Circulate
Ladies Trade, Partner Trade
Promenade

Heads Promenade Half
Right and Left Thru
Square Thru Four
Right and Left Thru
Veer Left, Veer Right
Partner Trade, Swing, Promenade

MAINSTREAM

Heads Right and Left Thru
Rollaway, Star Thru, Dosado,
Slide Thru, Right and Left Thru
Dixie Style to a Wave
Men Scootback, Ladies Circulate
Allemande Left, Promenade

Heads Promenade Half
Lead Right and Circle to Line
Pass the Ocean, Men Circulate
Ladies Trade, Swing Thru
Men Run, Tag the Line Left
Promenade

Heads Square Thru Four
Dosado, Swing Thru, Men Run
Tag the Line In, Pass Thru
Wheel and Deal, Centres Square
Thru 3/4, Outsides Half Sashay
Swing, Promenade

Four Ladies Chain 3/4
Heads Right and Left Thru and
those Ladies Chain 3/4 and Roll-
away, Lines of 3 Forward and
Back, Slide Thru
Swing, Promenade

Heads Square Thru Four,
Dosado, Swing Thru,
Men Run, Ladies Trade,
Couples Circulate twice
Bend the Line, Slide Thru,
Swing Thru, Men Trade,
Men Run, Couples Circulate 1 1/2,
Bend Line at home

SINGING FIGURES -- Dottie

BASIC

Heads Pass the Ocean & Swing Thru
- - - - Extend, Centres Trade,
Ends Circulate, Swing Thru,
Men Run, Lines Go up & Back,
Flutterwheel and Sweep 1/4,
Veer Left, California Twirl,
Promenade

MAINSTREAM

Heads Star Thru, Double Pass Thru
Cloverleaf, Centres Pass Thru,
Dosado, Spin Chain Thru,
Girls Circulate one,
Men Run Right, Tag the Line Left,
Promenade

Heads Square Thru Four
Swing Thru, Boys Run
Couples Circulate, Tag the Line
Cloverleaf, Girls Pass Thru
Star Thru, Couples Circulate
Promenade

Heads Right and Left Thru & Roll-
away, Sides Flutterwheel and
Sweep 1/4, - - - -
Double Pass Thru, Centres In,
California Twirl, Square Thru 3
Swing, Promenade

Heads Turn Thru & Separate around
one to a line, go up and back,
Pass Thru, Tag the Line In, Box
the Gnat, Right and Left Thru,
Ladies Lead Dixie Style to Wave,
Left Swing Thru, Girls Run Left,
Promenade

Heads Lead Right and Veer Left
Couples Hinge, Centre Couples
Trade, Half Tag, Single Hinge,
Fan the Top, Scootback, Recycle
Pass Thru, Swing, Promenade

PLUS

Head Ladies lead Dixie Style to
Wave, Those Men Trade
Extend, Trade the Wave
All 8 Circulate, Swing Thru
Girls Fold, Peel the Top
Slide Thru, Swing, Promenade

SINGING FIGURES -- Cathy

Opener:

Heads Touch 1/4, Walk and Dodge
Swing Thru, All 8 Circulate,
Single Hinge, Boys Run,
Right & Left Thru, Slide Thru,
Eight Chain Three,
Allemande Left, Promenade partner

(to use as a figure change
"Promenade partner" to
"Roll Promenade")

Figure:

Heads Right and Left Thru and
Rollaway, Square Thru four
Dosado to a wave, Girls Trade,
Centres Trade, Scootback,
Swing, Promenade

GETS INS to a ZERO BOX

- Heads Promenade Half and Square
Thru Two

- Heads Right and Left Thru, Star
Thru, Pass Thru

- Heads Promenade Half, Pass the
Ocean, Swing Thru, Boys Run,
Wheel and Deal, Pass Thru

- Heads Promenade Half, Pass
Thru, Separate around one come
into the middle and Pass Thru

- Heads Promenade Half, Head La-
dies Chain, Heads Promenade 3/4,
Zoom, Centres Pass Thru

GET IN using PLUS

- Heads Star Thru, Double Pass
Thru, Track 2, all 8 Circulate,
Linear Cycle, Right and Left
Thru, Slide Thru

GET IN but square rotated

- Heads Pass Thru, Separate
around one to a line, Star Thru,
Zoom, Centres Pass Thru

- Heads Pass the Ocean, Ping Pong
Circulate, Extend, Ladies Trade,
Recycle

SINGING OPENER -- Vicky

Sides Face Grand Square, - - - -
Heads Pass Thru, Separate Around
Two, Touch 1/4, Boys Run,
Allemande Left, Dosado at home

SINGING FIGURE -- Harry

Head Ladies Chain
Heads Lead Right, Circle to line
Box the Gnat, Pass Thru
Tag the Line Right, Ferris Wheel
Centres U turn, Swing, Promenade

PLUS SINGING FIGURE -- Bob

Heads Flutterwheel
Heads Square Thru Three, Separate
around one to a line, Pass Thru,
3/4 Tag, Leaders Cloverleaf,
Centres Fan the Top, Extend,
Scootback, Swing, Promenade

GET OUTS from a ZERO BOX

- Right and Left Thru and Roll-
away, Pass Thru, Grand Right and
Left

- Swing Thru, Boys Cross Fold,
Pass Thru, Grand Right and Left

**ZEROS from 8 Chain Thru with nor-
mal couples**

- Veer left, Cast Off 3/4, Flut-
terwheel, Slide Thru

- Centres Partner Trade, Pass
Thru, Right and Left Thru, Dive
Thru, Pass Thru

- Swing Thru, Boys Run, Couples
Circulate, Wheel and Deal, Pass
Thru, Trade By

- Right and Left Thru, Veer Left,
Couples Circulate, Ladies Chain
Down the Line, Star Thru, Pass
Thru, Trade By

- Make a wave, Scoot Back, Swing
Thru, Boys Run, Ferris Wheel,
Centres Pass Thru

- Veer Left, Ferris Wheel, Zoom,
Centres Pass Thru

CALLERLAB MAINSTREAM QUARTERLIES

SINGLE CIRCLE TO A WAVE

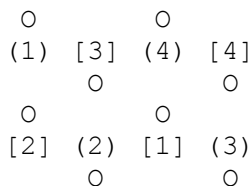
(currently in the Plus Program)
Starting Formation: Facing dancers
Action: Facing dancers join both hands with each other and circle left half way then drop hands and individually Veer Left
Ending Formation: Right-hand mini wave
Timing: 4 beats

GRAND PARADE

Starting Formation: Static Square
Action: Heads step forward to make a wave, ends arm turn adjacent dancer half, centres arm turn 3/4; Side ladies step forward to become partner to the Head man as the Side men Courtesy Turn the Head ladies; all now Promenade Half around the set to face in. Then the Heads repeat the above action once more and the Sides repeat the action twice.
Ending Formation: Static Square
Timing: 64 beats

PUZZLE OF THE MONTH

Find one move that will resolve the square to either an Allemande Left, a Grand Right and Left, or a Promenade.



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Lloyd Shaw Foundation
2217 Cedar Acres Drive
Manhattan, KS 66502

CALLERLAB PLUS QUARTERLIES

DOUBLE YOUR NEIGHBOR

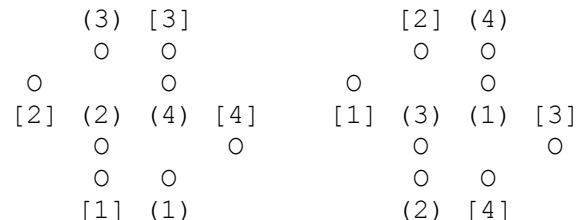
Starting: Double Pass Thru
Action: Leaders Double Pass Thru, Peel Right and Roll. Trailers Pass Thru, meet the other trailers, Step to a Wave and Arm Turn 3/4.
Ending: Left-handed Waves
Timing: 10 beats

FOLLOW THRU

(Currently in the C-1 list)
Starting Formation: Right or left-hand Box Circulate Formation
Action: In facing dancers Extend and Single Hinge while the out facing dancers do 1/2 of a Box Circulate
Ending Formation: Two Faced Line
Timing: 4 beats

SPLIT PING PONG CIRCULATE

Starting Formation: 1/4 Tag
Action: Each dancer Circulates or moves forward one position along the path shown in the figure. The movement may also be called when there is a left hand wave in the centre.



Ending Formation: 1/4 Tag
Timing: 4 beats

The ANSSRD T NEWSLETTER is the newsletter of the Association of Nova Scotia Square and Round Dance Teachers. Our intention is to publish three times a year. The opinions expressed are those of the authors and not necessarily those of the Association. Your comments and articles are encouraged. Please forward to:
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